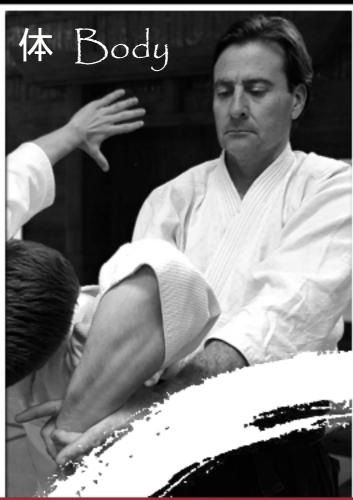
## Aikido Kenkyukai International

## AUSTRALIA

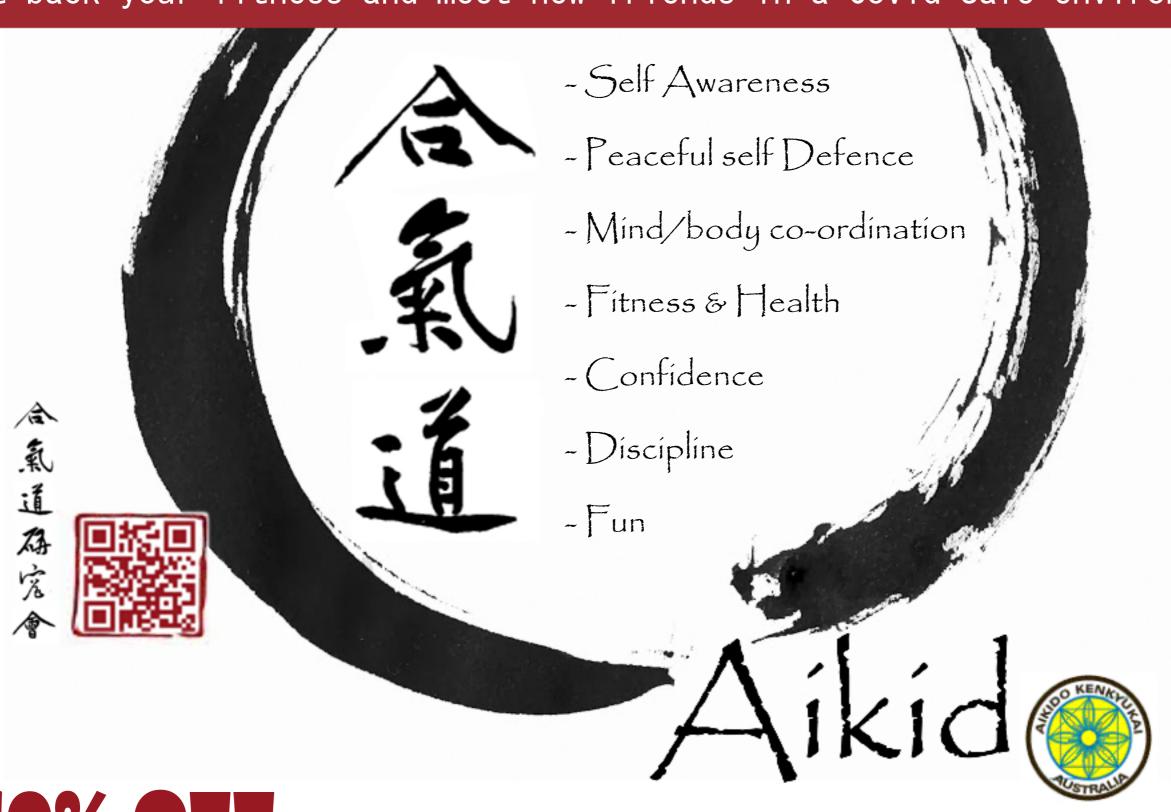








Get back your fitness and meet new friends in a Covid-Safe environment



10% OFF starter pack with this flyer



Where: Family Fitness and Self Defence Academy

1043a Victoria Road West Ryde (Opp. McDonalds)

When: Tuesday & Thursday nights 6:30PM (for 7:00-8:30 class)

Enquiries: Jeff 0411 138 739 or John 0410 758 824

Web: http://rydeaikido.org or simply scan the RED QR code above

Cost: \$18 per class (\$10 for Students) & Membership \$95 per year

(Aikido Ryde is a non-profit volunteer organization)