

# Hooked



# on Aiki

## Friendshuku 2

### 'From Triangle to Circle'

Join us again for this unique weekend training experience – 8 hours of training led this year by our fourth dans, plus plenty of time to eat together and hang out at the beautiful Harmony Centre.

Come with open heart and open mind to live, love and learn in a collaborative and supportive environment.

This is our last gathering of the year and a chance to review and acknowledge everything that is Aikido Kenkyukai 2017.

- Training: Ta Mo Tao Martial Arts, 1/8 Davy St, Mittagong
- Accommodation: The Harmony Centre, 11 Beresford St, Mittagong
- Dates: 25-26 November 2017
- Times: 12:00pm Saturday – 2:00pm Sunday
- Cost: \$150 (Training, Dinner & Accommodation Inclusive)
- BYO: Bedding including linen, blankets, pillows and towels  
(mattress or swag as needed)
- Weapons

For more information please contact:

Jeffrey James on 0418 616 217 or email: [info@aikimovesdojo.com](mailto:info@aikimovesdojo.com)

Hosted by Erindale, Orange, West Ryde and Bowral Dojos.

